

You can either request a withdrawal or rollover using this paper form or go online to www.tiaa-cref.org. If you want to go online to request a withdrawal, you'll need to log into your accounts with your user ID and password.

Helpful Hint: Requesting a withdrawal or rollover online is usually faster than completing paper forms.

QUESTIONS?

800 842-2776

For account information, to check the status of your request or any questions:

Monday — Friday 8 a.m. — 10 p.m. (ET)

Saturday 9 a.m. – 6 p.m. (ET)

www.tiaa-cref.org 24 hours daily Have your user ID and password ready.

YOUR CHECKLIST

Complete all necessary personal information and indicate how much you want to withdraw by account or fund. (Sections 1 and 2)
Let us know where to send your withdrawal: direct deposit to your bank account, by check to your address, or direct rollover to TIAA-CREF or to another investment company. (Section 3)
Remember to sign this form in Section 5.
The employer who contributed to the plan you're making the withdrawal from must provide the date you terminated employment in Section 6.
Mail your completed form (all pages) to: TIAA-CREF, P.O. Box 1268, Charlotte, NC 28201-1268 . If your withdrawal amount is less than \$50,000, you may instead fax your forms to 800 914-8922 .

KEY INFORMATION TO CONSIDER

- Your withdrawal or rollover will be paid within four to seven business days after we receive your completed forms. To avoid delays in receiving your withdrawal be sure to complete all sections.
- Withdrawals/rollovers from your TIAA Traditional account balance are available within
 120 days of your termination of employment and are subject to a 2.5% surrender charge.
- Withdrawals/rollovers are available from your other accounts after termination of employment.
- You may be subject to a 10% federal tax penalty for early withdrawal if you were under age 55 when your employment ended, or if you're under age 59½ when you take this withdrawal.
- A withdrawal is taxable if it is not rolled over to another tax-deferred account. For withdrawals (not rollovers) we are required to withhold 20% for federal taxes. To withhold more than 20% federal taxes, you can download Tax Form W4-P from our website.
- We are required to withhold state tax if you reside in: AR, CA, DE, GA, IA, KS, MD, ME, MA, NE, NC, OK, OR, VT or VA. If your state tax form isn't included go to www.tiaa-cref.org/forms, under General Tax Forms.



		TIAA-CREF ACCOUNT/FUND LIST Please use the information below to complete Section 2 on the next page.						
ASSET CLASS	TYPE	INVESTMENT ACCOUNT/FUND NAME and ACCOUNT/FUND NUMBER						
EQUITIES	VARIABLE ANNUITY ACCOUNTS	CREF Equity Index Account (008) CREF Global Equities Account (006)	CREF Growth Account (007) CREF Stock Account (002)					
	MUTUAL FUNDS	TIAA-CREF Equity Index Fund (373) TIAA-CREF Growth & Income Fund (011) TIAA-CREF International Equity Fund (013) TIAA-CREF International Equity Index Fund (027) TIAA-CREF Large-Cap Growth Index Fund (019) TIAA-CREF Large-Cap Growth Fund (348) TIAA-CREF Large-Cap Value Fund (014) TIAA-CREF Large-Cap Value Index Fund (020)	TIAA-CREF Mid-Cap Growth Fund (015) TIAA-CREF Mid-Cap Value Fund (016) TIAA-CREF Real Estate Securities Fund (017) TIAA-CREF S&P 500 Index Fund (018) TIAA-CREF Small-Cap Blend Index Fund (024) TIAA-CREF Small-Cap Equity Fund (028) TIAA-CREF Social Choice Equity Fund (012)					
REAL ESTATE	VARIABLE ANNUITY ACCOUNT	TIAA Real Estate Account (009)						
FIXED INCOME	VARIABLE ANNUITY ACCOUNTS	CREF Bond Market Account (005)	CREF Inflation-Linked Bond Account (010)					
	MUTUAL FUNDS	TIAA-CREF Bond Fund (368) TIAA-CREF Bond <i>Plu</i> s Fund II (358) TIAA-CREF High-Yield Fund II (355)	TIAA-CREF Inflation-Linked Bond Fund (367) TIAA-CREF Short-Term Bond Fund II (361)					
MONEY MARKET	VARIABLE ANNUITY ACCOUNT	CREF Money Market Account (003)						
	MUTUAL FUNDS	TIAA-CREF Money Market Fund (370)						
GUARANTEED	GUARANTEED ANNUITY ACCOUNT	TIAA Traditional Account (001)	count (001)					
MULTI-ASSET	VARIABLE ANNUITY ACCOUNT	CREF Social Choice Account (004)						
	MUTUAL FUNDS	TIAA-CREF Managed Allocation Fund II (352) TIAA-CREF Lifecycle Fund 2010 (135) TIAA-CREF Lifecycle Fund 2015 (136) TIAA-CREF Lifecycle Fund 2020 (137) TIAA-CREF Lifecycle Fund 2025 (138) TIAA-CREF Lifecycle Fund 2030 (139)	TIAA-CREF Lifecycle Fund 2035 (140) TIAA-CREF Lifecycle Fund 2040 (141) TIAA-CREF Lifecycle Fund 2045 (522) TIAA-CREF Lifecycle Fund 2050 (525) TIAA-CREF Lifecycle Retirement Income Fund (528)					



If you claim residence and citizenship outside the U.S. please complete tax form W-8BEN, which you'll find at www.tiaa-cref.org/forms, under General Tax Forms.

**The Plan and Sub Plan Numbers should have been provided when you requested the form. If you don't have them please contact us at 800 842-2776.

First Name	Middle Initial
Last Name	
Social Security Number	
Daytime Telephone Number Extension	
State of Residence (if outside the U.S., write in Country of Residence) Citizenship (if not U.S.)	S.)
TIAA Number CREF Number	
Plan Name (Contributing Employer's Plan)	
Plan Number** Sub Plan Number**	

The minimum withdrawal is \$1,000, or 100% if the account/fund balance is less than \$1,000.

Withdrawals from certain mutual funds may be subject to redemption fees. See the fund prospectus for additional information.

Remember, account balances change daily based on market performance. Log into your account at www.tiaa-cref.org or call 800 842-2252 for automated up-to-date account information.

*The Account/Fund Number is in the TIAA-CREF Account/Fund List on Page 2 of 2.

2.	LELL	US	HOW	MUCH	YOU	WANT	TO	WITHDRAW	(CHOOSE	ONE)
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A. I want to withdraw the entire amount available from all my accounts.

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Account/

B. I want to withdraw only a portion of my available account balances as indicated.

If you are not withdrawing/rolling over your entire available account balance, indicate the dollar amount or percentage from each account/fund. Percentages and amounts must be in whole numbers.

Withdrawal

Fund Number*	Investment Account/Fund Name	Amount	OR	Fund Value

TOTAL REQUESTED AMOUNT:

Percent of



If you wish to include any after-tax monies in your rollover, please contact us.	3. TELL US WHERE TO SEND YOUR WITHDRAWAL (CHOOSE ONE) A. Direct Deposit to my bank account. (Also complete Section 3A) OR B. Rollover to another TIAA-CREF account or an alternate investment company. (Also complete Section 3B) OR C. Send check to my mailing address on file.
Direct deposit gives you the quickest access to your funds. Your bank routing number is 9 digits and can usually be found on the bottom left of your checks, next to	3B. DIRECT DEPOSIT Bank's Name Street Address or P.O. Box for Funds Transfer
your account number. It may take your bank 24 to 72 hours to make your funds available.	City State Zip Code
If you do not provide us with all of the required direct deposit information, we will send your withdrawal to your residential address.	Contact Telephone Number Extension Account Number
	Bank Transit Routing Number ACCOUNT TYPE (Choose only one)
	Checking (ATTACH A VOIDED CHECK. Otherwise, the Signature Guarantee must be completed.) OR Savings (The Signature Guarantee must be completed.)
For your direct deposit request, if you do not attach a voided check	SIGNATURE GUARANTEE OF BANK OR FEDERAL SAVINGS AND LOAN REPRESENTATIVE I certify the bank routing number is correct and the person described above, whose identity is known or has been proven to me, personally appeared before me and signed this request on:
you must have a bank representative complete this section.	Date (mm/dd/yyyy) City State
	Representative Signature Date (mm/dd/yyyy) / / / / / / / / / / / / / / / / / / /



If you're rolling over your funds to a TIAA-CREF account please provide your account number at the right. Your funds will be invested using the allocation instructions on file.	3B. ROLLOVER MY WITHDRAWAL TO: My existing TIAA-CREF account TIAA Number CREF Number Plan Name (Contributing Employer's Plan, Not Applicable for IRA Contracts)
The Plan and Sub Plan Numbers should have been provided when you requested the form. If you don't have them please contact us at 800 842-2776.	Plan Number Sub Plan Number** OR My new TIAA-CREF IRA (My IRA enrollment form is attached)
If you need to open a new TIAA-CREF IRA please call us at 800 842-2776 .	OR Another investment company Investment Company Name
The Investment Company receiving your rollover can assist with completing the information at the right, and the Acceptance by Investment Company below.	Street Address or P.O. Box for Funds Transfer City State Zip Code
If you choose to have state taxes withheld, please provide instructions on a separate sheet of paper.	Contact Telephone Number Extension Account Number
If you're converting over to a Roth IRA, you may owe federal taxes on your pre-tax amount. Conversions to Roth IRAs will be made first as a rollover to a Traditional	WHAT TYPE OF ACCOUNT ARE YOU ROLLING OVER TO? (Choose only one) Option 1: Traditional IRA OR Option 2: Roth IRA (Please answer the question below.) Do you want federal taxes withheld from the pre-tax amount you're converting to a Roth IRA? If you do not make a selection, 10% will be withheld for federal taxes. No, do not withhold federal taxes. Yes, withhold OR

Option 3: My current employer's plan

CONTINUED ON NEXT PAGE

TAGCW F7508 (06/09)

IRA, and then converted

to a Roth IRA.



Have a representative of the investment company receiving the rollover complete and sign this section.

If you have after-tax contributions and the plan receiving your direct rollover cannot accept them, we will pay that amount to you by check and send it to your address of record.

3B. ROLLOVER MY WITHDRAWAL TO: (CONTINUED)

ACCEPTANCE BY INVESTMENT COMPANY We certify that the Internal Revenue Code of the plan receiving the direct rollover is (select only one) Other (provide 457(b) 401(a) 403(a) 401(k) 403(b) **Public** IRC Code) We agree to accept the direct rollover (select only one) and will account for both pre-tax and after-tax amounts. of only the pre-tax amounts. **Investment Company Representative Signature** Date (mm/dd/yyyy) Title Telephone Number 4. TIAA-CREF ANNUITY LOAN REPAYMENT If you have an outstanding loan and are requesting a Rollover/Withdrawal of your entire account balance, you need to provide instructions regarding your TIAA-CREF loan(s) below. Your account number and loan amount have been pre-filled on this form. Yes, I want to repay my entire outstanding loan balance(s). No, I do not want to repay my entire outstanding loan balance(s) from this request. I understand that the collateral amount supporting my outstanding loan(s) will remain for future use. Outstanding loan amount as of (mm/dd/yyyy) Account Loan Number \$

\$

balance (loan plus accrued interest), visit our website at www.tiaa-cref.org, or call our Telephone Counseling Center at 800 842-2776 Monday to Friday from 8 a.m. to 10 p.m. (ET), and Saturday from 9 a.m. to 6 p.m. (ET).

To view your loan

- If you check Yes, we will repay your loan(s) and send any remaining balance.
- If you check No, or leave this section blank, we will not repay any loan.
 However, your request will not include any collateral amount required.



Please read and sign where indicated.

Helpful Hint: You must sign this section in order to make a withdrawal.

5. YOUR SIGNATURE

By signing below:

- · You authorize TIAA-CREF to make withdrawals from your TIAA-CREF account balances, as stated in this form.
- · If you requested that your withdrawal be directly deposited, you authorize that the bank charge your account and refund any overpayments to TIAA-CREF. You release your bank from any liability to TIAA-CREF for overpayment above the amount of the funds available at the time TIAA-CREF requests a refund.
- · If you make a direct rollover into another employer's plan, you understand your right to receive a distribution of these funds will be determined by the plan that is accepting the rollover and the funds in which your direct rollover are invested. You further understand that if you make a direct rollover to another employer's plan that is subject to the Employee Retirement Income Security Act of 1974 (ERISA), spousal rights will apply to these funds and you may need a signed waiver from your spouse in order to receive a subsequent distribution of these funds.

Under penalties of perjury, you certify that:

- 1. The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me), and
- 2. I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding, and
- 3. I am a U.S. citizen or other U.S. person.

Your Signature	Date (mr	m/dd/y	ууу)		
		/		/	



You'll need to have the employer that contributed to your plan complete this section, before returning your form to us.

Helpful Hint: You must complete this section in order to make a withdrawal.

HAVE YOUR EMPLOYER'S F	PLAN REPRES	ENTATIVE COMPLETE THIS SECTION
EMPLOYMENT TERMINATION DATE	Ē	
Date (mm/dd/yyyy)		
/ / /		
PLAN REPRESENTATIVE CERTIFICA	ATION	
By signing, you are approving this	request.	
Plan Representative Signature		Date (mm/dd/yyyy)
Plan Representative Name (please	print)	
Title		
PLEASE RETURN COMPLETED FOR	RMS TO:	
TIAA-CREF	OR	If your withdrawal or rollover
P.O. Box 1268		amount is less than \$50,000, you may instead fax completed forms to
Charlotte, NC 28201-1268		us at 800 914-8922.

FRAUD WARNING

For your protection, some states and the District of Columbia require a warning against fraud to appear on this form. These states, including but not limited to Alaska, Arkansas, California, Delaware, Indiana, Kentucky, Louisiana, Maine, Minnesota, New Hampshire, New Mexico, Ohio, Oklahoma, Pennsylvania, Tennessee and Virginia require a warning substantially similar to the following.

People who file applications for insurance or statements of claim commit a fraudulent insurance act if they knowingly do so with intent to injure, defraud or deceive any insurance company or another person; and/or knowingly include in their application or statement of claim any materially false or misleading information; and/or knowingly conceal information, for the purpose of misleading, concerning any fact material to the application or claim.

A fraudulent insurance act is a crime, and penalties may include imprisonment, fines, denial of insurance and civil damages.

New York residents, please note: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime and shall also be subject to a civil penalty not to exceed five thousand dollars (\$5,000) and the stated value of the claim for each such violation.

Colorado residents, please note: It is unlawful to knowingly provide false, incomplete or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado Division of Insurance within the Department of Regulatory Agencies.

Florida residents, please note: Any person who knowingly and with intent to injure, defraud or deceive any insurer files a statement of claim or an application containing any false, incomplete or misleading information, is guilty of a felony of the third degree.

New Jersey residents, please note: Any person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.