

Please review the accompanying "Special Tax Notice". Then, complete the "Death Distribution Request Form" based on the instructions provided below:

Death Distribution(s) Information

- If the Participant dies on or before the April 1st following the year in which he/she attains age 70 ½ (the "Required Beginning Date"), before required minimum distributions have commenced, all assets remaining in the Participant's account must be distributed by the end of the fifth year following the Participant's death unless (i) the beneficiary is a natural person or qualifying trust designated by the Participant (a Designated Beneficiary) and required minimum distributions are taken beginning in the year following the year of the Participant's death (in which case, distributions must be made over the Designated Beneficiary's life expectancy), or (ii) the Participant has designated the Participant's spouse as beneficiary (in which case, distributions must be made over the spouse's life expectancy beginning no later than December 31 of the year in which the Participant would have attained age 70½).
- If the Participant dies after the Required Beginning Date the account will be distributed (i) if the Participant named a Designated Beneficiary, over the longer of the Participant's remaining life expectancy at death or the Designated Beneficiary's life expectancy, (ii) if the Participant named the Participant's spouse as the Designated Beneficiary, over the longer of the Participant's remaining life expectancy at death or spouse's life expectancy, (iii) If the Participant did not name a Designated Beneficiary, over the Participant's remaining life expectancy at death.
- If there are multiple Beneficiaries, each Beneficiary may make elections relative to his or her share of the account if separate accounts for each Beneficiary are established by December 31 of the year following the year of the Participant's death. Otherwise, distribution generally will be based on the life expectancy of the oldest Beneficiary. Additional rules may apply. For more information on these rules, please see IRS Publication 590 or call Pentegra Trust Company, c/o ASPire Financial Services at 866.634.5873.

Additional Documentation Requirements and Instructions:

- A certified death certificate must be provided*.
- Letters Testamentary or a certified copy of the small estate affidavit must be provided if no Beneficiary was designated by the Participant, and
 - a.) the Participant's surviving spouse will be the Beneficiary, OR
 - b.) the Participant was unmarried at the time of his or her death, and the Participant's estate is the Beneficiary.
- Each Beneficiary must submit a completed Death Distribution Form.
- The Death Distribution Form must be signature guaranteed in Step 7.
- If a Beneficiary is requesting an immediate distribution of his or her entire interest in the account, he or she must submit a completed IRS Form W-9.
- If a Beneficiary is electing to maintain the account and distribute his or her interest over five years or over life expectancy, the Beneficiary must contact Pentegra Trust Company to obtain the appropriate account application.

We recommend that you speak with a tax or financial advisor regarding the consequences of this distribution.

Please review the above before you submit your distribution request form.

Mail the completed death distribution request form to:

Pentegra Trust Company
c/o ASPire
ATTN: Distributions
4010 Boy Scout Blvd, Suite 500
Tampa, FL 33607

For Customer Service, please contact 866.634.5873.

Thank you,

Pentegra Trust Company

STEP 1 Deceased Participant Information

- -
 Deceased Participant Name (Last, First, MI) Social Security Number

Place of Death (City and State) Date of Death (mm/dd/yyyy)

Employer Name / Plan Name

STEP 2 Beneficiary Information

First Name Last Name M.I.

Address (Street Address only. P.O. Box not accepted) Apartment/Suite

City State Zip

Daytime Phone Number Evening Phone Number Email Address

- -
 Social Security Number Date of Birth (mm/dd/yyyy) Relationship to the Deceased

STEP 3 Death Distribution Instructions (Check one)

- I. Life Expectancy Method
- II. Deferment Option for five years. The deferred payments must be completed by December 31st of the calendar year that contains the fifth anniversary of the participant's date of death. **(Please also complete Step 6 below).**
- III. Annual Installments – This option is only available when payments have not commenced prior to a participant's death. (Check One)
 - A. I am the Surviving spouse of the Participant and choose annual installments for a period of _____ years (Choose from 2 – 10 years)
 - B. I am a Beneficiary Other Than Spouse and choose annual installments for a period of _____ years (Choose from 2 – 5 years)
- IV. A Lump Sum Payment. I further elect to have the distribution amount (check one):
 - A. paid directly to me
 - B. paid in the form of a Direct Rollover to an Individual Retirement Account (IRA).
 - 1) The total rollover eligible portion of the account balance.
 - 2) \$_____ or _____ % of the account balance directly rolled over and the remaining portion paid to me.

* The surviving spouse may elect to roll death benefits into his or her own IRA. A non-spouse beneficiary may elect to roll death benefits into a Non-spouse Inherited IRA.

STEP 4 | Payment Options

By Check: *NOTE: Checks over \$50,000 will automatically be sent overnight and charged Pentegra's \$35 UPS Overnight Fee.*

- For checks under \$50,000 you may elect to have it sent UPS overnight for a \$35 fee.
- Make check payable to the Beneficiary and mail to the Beneficiary's address of record.
- Make check payable to new custodian or plan trustee as a rollover per the attached letter of acceptance.
- Mail check to a third party address (Signature Guarantee required in Step 7).

Make check payable to:

ATTN

Address

City

State

Zip

To Bank: *(NOTE: Verify that all account information is correct, if funds reject due to wrong account information you will be charged any applicable reject fees.)*

- ACH Transfer to my bank account.** (Allow 3-5 business days to receive your proceeds.)

Bank Name

Names(s) on Bank Account

Bank Address

City

State

Zip

Routing Number

Account Number

Account Type: Checking Savings

- Wire Transfer to my bank account.** (Allow 3-5 business days to receive your proceeds.) *There is a \$35 wire fee for this option.*

Bank Name

Names(s) on Bank Account

Bank Address

City

State

Zip

Routing Number

Account Number

Account Type: Checking Savings

STEP 5 | **Federal Income Tax Withholding (You must make an election if 20% mandatory withholding does not apply.)**

All 403(b)(7) distributions are subject to 20% federal income tax withholding except for direct rollovers, asset transfers, required minimum distributions, return of excess contributions, financial hardship and some death distributions.

If 20% mandatory withholding does apply to your distribution, Pentegra Trust Company will automatically withhold this amount.

If 20% mandatory withholding does not apply to your distribution, 10% withholding will apply unless you indicate below a different percentage to withhold.

- I do not want any federal income tax withheld from my distribution.
- I want federal income tax withholding at a rate of _____ %

Withholding will only apply to the portion of your distribution that is included in your income subject to federal income tax. Thus, for example, there will be no withholding on the return of your own nondeductible contributions. If you elect not to have withholding applied to your distributions, or if you do not have enough federal income tax withheld from your distributions, you may be responsible for payment of estimated tax. You may incur penalties under the estimated tax rules if your withholding and estimated tax payments are not sufficient.

Note: Distributions and withholding are taxable and may be subject to a 10% premature distribution penalty if you are under 59½ years of age unless an exception applies.

STEP 6 | **Complete only if you want to defer receipt of your benefit until a later date.**

- I do not wish to withdraw any money from this account at this time.
(Note: This option does not apply if the participant was required to receive minimum distributions at the time of the participant's death.)
I understand that in accordance with the Plan, I may make a full or partial withdrawal once a year, **except that the entire account must be withdrawn by the 5th anniversary of the participant's death** and that in order to make a withdrawal in the future, I must complete a 403(b) Death Distribution Form. I further understand that this account will remain invested in according to the last investment direction of the deceased participant until such time as I initiate a fund-to-fund transfer. For additional information on fund-to-fund transfers, contact Customer Service at 866.634.5873.

STEP 7 | **Certification & Signature**

I hereby affirm that the information given is true and correct, and I authorize and direct the Custodian to make distributions according to the instructions provided on this form. I certify that I have reviewed the "Special Tax Notice" within the past 180 days from the date of making this request for a withdrawal from the Plan. I further certify that the IRA that I have identified above (if any) is eligible and willing to receive my rollover distribution as evidenced by the attached certification from the Trustee of the IRA. I understand that I cannot change the payment option elected above, except that I may request a lump sum payment of my remaining balance and I may change my election with respect to deferred payment amounts at any time. I acknowledge I will be not charged a Distribution Fee if my distribution is in cash. I will be charged a Distribution Fee of \$50 per fund for Distributions In-Kind.

➤ / /

DATE (MONTH / DAY / YEAR)

Signature Guarantee: To obtain a signature guarantee, the Beneficiary must sign this form and have it signature guaranteed. A notarization from a notary public does not meet signature guarantee requirements.

➤ / /

DATE (MONTH / DAY / YEAR)

Please mail the completed form and all required supporting documents to:

Pentegra Trust Company
c/o ASPIre
ATTN: Distributions
4010 Boy Scout Blvd, Suite 500
Tampa, FL 33607

For Customer Service, please contact 866.634.5873.

Special tax notice regarding 403(b) plan payments

This notice explains how you can continue to defer federal income tax on your retirement savings in the Pentegra Trust Company Custodial Account Agreement and contains important information you will need before you decide how to receive your 403(b) Plan ("Plan") benefits.

This notice is provided to you by Pentegra Trust Company (your "Payor") because all or part of the payment that you will soon receive from the Plan may be eligible for rollover by you or your Payor to a traditional IRA or an eligible employer plan. A rollover is a payment by you or the Payor of all or part of your benefit to another plan or IRA that allows you to continue to postpone taxation of that benefit until it is paid to you. Your payment cannot be rolled over to a Roth IRA, a SIMPLE-IRA or a Coverdell Education Savings Account (formerly known as an Education IRA). An "eligible employer plan" includes a plan qualified under section 401 (a) of the Internal Revenue Code, including a 401 (k) plan, profit-sharing plan, defined benefit plan, stock bonus plan, and money purchase plan; a section 403(a) annuity plan; a section 403(b) tax-sheltered annuity; and an eligible section 457 (b) plan maintained by a governmental employer (governmental 457 plan).

An eligible employer plan is not legally required to accept a rollover. Before you decide to roll over your payment to another employer plan, you should find out whether the plan accepts rollovers and, if so, the types of distributions it accepts as a rollover. You should also find out about any documents that are required to be completed before the receiving plan will accept a rollover. Even if a plan accepts rollovers, it might not accept rollovers of certain types of distributions, such as after-tax amounts. If this is the case, and your distribution includes after-tax amounts, you may wish instead to roll your distribution over to a traditional IRA or split your rollover amount between the employer plan in which you will participate and a traditional IRA.

If an employer plan accepts your rollover, the plan may restrict subsequent distributions of the rollover amount or may require your spouse's consent for any subsequent distribution. A subsequent distribution from the plan that accepts your rollover may also be subject to different tax treatment than distributions from this Plan. Check with the administrator of the plan that is to receive your rollover prior to making the rollover.

If you have additional questions after reading this notice, you can contact your Payor at 1.866.634.5873.

Summary of Notice

There are two ways you may be able to receive a Plan payment that is eligible for rollover:

1. Certain payments can be made directly to a traditional IRA that you establish or to an eligible employer plan that will accept it and hold it for your benefit ("direct rollover"); or
2. The payment can be **paid to you**.

If you choose a direct rollover:

- Your payment will not be taxed in the current year and no income tax will be withheld.
- You choose whether your payment will be made directly to your traditional IRA or to an eligible employer plan that accepts your rollover. Your payment cannot be rolled over to a Roth IRA, a SIMPLE-IRA or a Coverdell Education Savings Account because these are not traditional IRAs.
- The taxable portion of your payment will be taxed later when you take it out of the traditional IRA or the eligible employer plan. Depending on the type of plan, the later distribution may be subject to different tax treatment than it would be if you received a taxable distribution from this Plan.

If you choose to have a Plan payment that is eligible for rollover **paid to you**:

- You will receive only 80% of the taxable amount of the payment, because the Payor is required to withhold 20% of that amount and send it to the IRS as income tax withholding to be credited against your taxes.
- The taxable amount of your payment will be taxed in the current year unless you roll it over. Under limited circumstances, you may be able to use special tax rules that could reduce the tax you owe. However, if you receive the payment before age 59½, you may have to pay an additional 10% tax.
- You can roll over all or part of the payment by paying it to your traditional IRA or to an eligible employer plan that accepts your rollover within 60 days after you receive the payment. The amount rolled over will not be taxed until you take it out of the traditional IRA or the eligible employer plan.
- If you want to roll over 100% of the payment to a traditional IRA or an eligible employer plan, you must find other money to replace the 20% of the taxable portion that was withheld. If you roll over only the 80% that you received, you will be taxed on the 20% that was withheld and that is not rolled over.

Your right to waive the 30-day notice period

Generally, neither a direct rollover nor a payment can be made from the Plan until at least 30 days after your receipt of this notice. Thus, after receiving this notice, you have at least 30 days to consider whether or not to have your withdrawal directly rolled over. If you do not wish to wait until this 30-day notice period ends before your election is processed, you may waive the notice period by making an affirmative election indicating whether or not you wish to make a direct rollover. Your withdrawal will then be processed in accordance with your election as soon as practical after it is received by the Payor.

Payments that can and cannot be rolled over

Payments from the Plan may be "eligible rollover distributions." This means that they may be eligible to be rolled over to a traditional or Roth IRA or to an eligible employer plan that accepts rollovers. Payments from a plan cannot be rolled over to a SIMPLE-IRA or a Coverdell Education Savings Account. Your Payor should be able to tell you what portion of your payment is an eligible rollover distribution.

After-tax contributions

If you made after-tax contributions to the Plan, these contributions may be rolled into either a traditional IRA or to certain employer plans that accept rollovers of the after-tax contributions. The following rules apply:

(a) **Rollover into a traditional IRA.** You can roll over your after-tax contributions to a traditional IRA either directly or indirectly. Your Payor should be able to tell you how much of your payment is the taxable portion and how much is the after-tax portion.

If you roll over after-tax contributions to a traditional IRA, it is your responsibility to keep track of, and report to the IRS on the applicable forms, the amount of these after-tax contributions. This will enable the nontaxable amount of any future distributions from the traditional IRA to be determined.

Once you roll over your after-tax contributions to a traditional IRA, those amounts cannot later be rolled over to an employer plan.

(b) **Rollover into an employer plan.** You can roll over after-tax contributions from an employer plan that is qualified under Code section 401 (a) or a section 403(a) annuity plan to another such plan using a direct rollover if the other plan provides separate accounting for amounts rolled over, including separate accounting for the after-tax employee contributions and earnings on those contributions. You also can roll over after-tax contributions from a section 403(b) tax-sheltered annuity to another section 403(b) tax-sheltered annuity using a direct rollover if the other tax-sheltered annuity provides separate accounting for amounts rolled over, including separate accounting for the after-tax employee contributions and earnings on those contributions. You cannot roll over after-tax contributions to a governmental 457 plan. If you want to roll over your after-tax contributions to an employer plan that accepts these rollovers, you cannot have the after-tax contributions paid to you first. You must instruct the Payor of this Plan to make a direct rollover on your behalf. Also, you cannot first roll over after-tax contributions to a traditional IRA and then roll over that amount into an employer plan.

The following types of payments cannot be rolled over:

Payments spread over long periods

You cannot roll over a payment if it is part of a series of equal (or almost equal) payments that are made at least once a year and that will last for:

- Your lifetime (or a period measured by your life expectancy), or
- Your lifetime and your beneficiary's lifetime (or a period measured by your joint life expectancies), or
- A period of 10 years or more.

Required minimum payments

Beginning when you reach age 70½ or retire, whichever is later, a certain portion of your payment cannot be rolled over because it is a "required minimum payment" that must be paid to you. Special rules apply if you own more than 5% of your employer.

Hardship distributions

A hardship distribution cannot be rolled over.

Corrective distributions

A distribution that is made to correct a failed nondiscrimination test or because legal limits on certain contributions were exceeded cannot be rolled over.

Loans treated as distributions

The amount of a Plan loan that becomes a taxable deemed distribution because of a default cannot be rolled over. However, a loan offset amount is eligible for rollover. Ask the Payor of this Plan if distribution of your loan qualifies for rollover treatment.

The Payor of this Plan should be able to tell you if your payment includes amounts which cannot be rolled over.

Direct rollover

A **direct rollover** is a direct payment of the amount of your Plan benefits to a traditional or Roth IRA or an eligible employer plan that will accept it. You can choose a **direct rollover** of all or any portion of your payment that is an eligible rollover distribution, as described above. You are not subject to tax on any portion of your payment for which you choose a **direct rollover** until you later take it out of the traditional or Roth IRA or eligible employer plan. In addition, no income tax withholding is required for any taxable portion of your Plan benefits for which you choose a **direct rollover**. This Plan might not let you choose a **direct rollover** if your distributions for the year are less than \$200.

Direct rollover to a traditional IRA

You can open a traditional IRA to receive the direct rollover. If you choose to have your payment made directly to a traditional IRA, contact an IRA sponsor (usually a financial institution) to find out how to have your payment made in a direct rollover to a traditional IRA at that institution. If you are unsure of how to invest your money, you can temporarily establish a traditional IRA to receive the payment. However, in choosing a traditional IRA, you may wish to make sure that the traditional IRA you choose will allow you to move all or a part of your payment to another traditional IRA at a later date, without penalties or other limitations. See IRS Publication 590, Individual Retirement Arrangements, for more information on traditional IRAs (including limits on how often you can roll over between IRAs).

Direct rollover to a Roth IRA

You can open a Roth IRA to receive a portion of your direct rollover, if you made Roth Deferral Contributions to your 403(b). The balance of your distribution can be rolled over

to a traditional IRA and then transferred to a Roth IRA. If you choose to have your benefit transferred to a Roth IRA directly or through a traditional IRA, contact an IRA sponsor (usually a financial institution) to find out how to have your payment made to either a traditional and/or Roth IRA at that institution. If you are unsure of how to invest your money, you can temporarily establish an IRA to receive the payment. However, in choosing an IRA you may wish to make sure that the IRA you choose will allow you to move all or part of your payment to another IRA at a later date, without penalties or other limitations. See IRS Publication 590, Individual Retirement Arrangements, for more information on IRAs (including limits on how often you can roll over between IRAs).

Direct rollover to a plan

If you are employed by a new employer that has an eligible employer plan, and you want a direct rollover to that plan, ask the Payor of that plan whether it will accept your rollover. An eligible employer plan is not legally required to accept a rollover. Even if your new employer's plan does not accept a rollover, you can choose a direct rollover to an IRA. If the employer plan accepts your rollover, the plan may provide restrictions on the circumstances under which you may later receive a distribution of the rollover amount or may require spousal consent to any subsequent distribution. Check with the Payor of that plan before making your decision.

Direct rollover of a series of payments

If you receive a payment that can be rolled over to an IRA or an eligible employer plan that will accept it, and it is paid in a series of payments for less than 10 years, your choice to make or not make a direct rollover for a payment will apply to all later payments in the series until you change your election. You are free to change your election for any later payment in the series.

Change in tax treatment resulting from a direct rollover

The tax treatment of any payment from the eligible employer plan or an IRA receiving your direct rollover might be different than if you received your benefit in a taxable distribution directly from the Plan.

Payment paid to you

If your payment can be rolled over and the payment is made to you in cash, it is subject to 20% federal income tax withholding on the taxable portion (state tax withholding may also apply). The payment is taxed in the year you receive it unless, within 60 days, you roll it over to an IRA or an eligible employer plan that accepts rollovers. If you do not roll it over, special tax rules may apply.

Mandatory income tax withholding

If any portion of your payment can be rolled over and you do not elect to make a direct rollover, the Plan is required by law to withhold 20% of the taxable amount. This amount is sent to the IRS as federal income tax withholding.

Example: If you can roll over a taxable payment of \$10,000, only \$8,000 will be paid to you because the Plan must withhold \$2,000 as income tax. However, when you prepare your income

tax return for the year, unless you make a rollover within 60 days (see "Sixty-day rollover option"), you must report the full \$10,000 as a taxable payment from the Plan. You must report the \$2,000 as tax withheld, and it will be credited against any income tax you owe for the year. There will be no income tax withholding if your payments for the year are less than \$200.

Voluntary income tax withholding

If any portion of your payment is taxable but cannot be rolled over, the mandatory withholding rules described above do not apply. In this case, you may elect not to have withholding apply to that portion. If you do nothing, an amount will be taken out of this portion of your payment for federal income tax withholding. To elect out of withholding, ask the Payor for the election form and related information.

Sixty-day rollover option

If you receive a payment that can be rolled over, you can still decide to roll over all or part of it to an IRA or to an eligible employer plan that accepts rollovers. If you decide to roll over, you must contribute the amount of the payment you received to a traditional IRA or eligible employer plan within 60 days after you receive the payment. The portion of your payment that is rolled over will not be taxed until you take it out of the traditional IRA or the eligible employer plan.

You can roll over up to 100% of your payment that can be rolled over, including an amount equal to the 20% of the taxable portion that was withheld. If you choose to roll over 100%, you must find other money within the 60-day period to contribute to the traditional IRA or the eligible employer plan, to replace the 20% that was withheld. On the other hand, if you roll over only the 80% of the taxable portion that you received, you will be taxed on the 20% that was withheld.

Example: The taxable portion of your payment that can be rolled over is \$10,000, and you choose to have it paid to you. You will receive \$8,000, and \$2,000 will be sent to the IRS as income tax withholding. Within 60 days after receiving the \$8,000, you may roll over the entire \$10,000 to a traditional IRA or an eligible employer plan. To do this, you roll over the \$8,000 you received from the Plan, and you will have to find \$2,000 from other sources (your savings, a loan, etc.). In this case, the entire \$10,000 is not taxed until you take it out of the traditional IRA or an eligible employer plan. If you roll over the entire \$10,000, when you file your income tax return you may get a refund of part or all of the \$2,000 withheld.

If, on the other hand, you roll over only \$8,000, the \$2,000 you did not roll over is taxed in the year it was withheld. When you file your income tax return, you may get a refund of part of the \$2,000 withheld. (However, any refund is likely to be larger if you roll over the entire \$10,000.)

Additional 10% tax if you are under age 59½

If you receive a payment before you reach age 59½ and you do not roll it over, then, in addition to the regular income tax, you may have to pay an extra tax equal to 10% of the taxable portion of the payment. The additional 10% tax generally does not apply to (1) payments that are paid after you separate from service with your employer during or after the year you reach age 55, (2) payments that are paid because you retire due to

disability, (3) payments that are paid as equal (or almost equal) payments over your life or life expectancy (or your and your beneficiary's lives or life expectancies), (4) dividends paid with respect to stock by an employee stock ownership plan (ESOP) as described in Code section 401(k), (5) payments that are paid directly to the government to satisfy a federal tax levy, (6) payments that are paid to an alternate payee under a qualified domestic relations order, or (7) payments that do not exceed the amount of your deductible medical expenses. See IRS Form 5329 for more information on the additional 10% tax.

The additional 10% tax will not apply to distributions from a governmental 457 plan, except to the extent the distribution is attributable to an amount you rolled over to that plan (adjusted for investment returns) from another type of eligible employer plan or IRA. Any amount rolled over from a governmental 457 plan to another type of eligible employer plan or to a traditional IRA will become subject to the additional 10% tax if it is distributed to you before you reach age 59½, unless one of the exceptions applies. The portion of your payment that is rolled over will not be subject to tax until you take it out of your IRA or the eligible employer plan.

Repayment of plan loans

If your employment ends and you have an outstanding loan from your Plan, your employer may reduce (or "offset") your balance in the Plan by the amount of the loan you have not repaid. The amount of your loan offset is treated as a distribution to you at the time of the offset and will be taxed unless you roll over an amount equal to the amount of your loan offset to another qualified employer plan or an IRA within 60 days of the date of the offset. If the amount of your loan offset is the only amount you receive or are treated as having received, no amount will be withheld from it. If you receive other payments of cash or property from the Plan, the 20% withholding amount will be based on the entire amount paid to you, including the amount of the loan offset. The amount withheld will be limited to the amount of other cash or property paid to you (other than any employer securities). The amount of a defaulted Plan loan that is a taxable deemed distribution cannot be rolled over.

Surviving spouses, alternate payees, and other Beneficiaries

In general, the rules summarized above that apply to payments to employees also apply to payments to surviving spouses of employees and to spouses or former spouses who are "alternate payees." You are an alternate payee if your interest in the Plan results from a "qualified domestic relations order," which is an order issued by a court, usually in connection with a divorce or legal separation.

If you are a beneficiary or an alternate payee, you may choose to have a payment that can be rolled over paid in a direct rollover to an IRA or to an eligible employer plan or paid to you. If you have the payment paid to you, you can keep it or roll it over yourself to an IRA or to an eligible employer plan.

If you are a surviving spouse, an alternate payee or another beneficiary, your payment is generally not subject to the additional 10% tax, even if you are younger than age 59½.

How to obtain additional information

This notice summarizes only the federal (not state or local) tax rules that might apply to your payment. The rules described above are complex and contain many conditions and exceptions that are not included in this notice. Therefore, you may want to consult a professional tax advisor before you take a payment of your benefits from your Plan. Also, you can find more specific information on the tax treatment of payments from qualified employer plans in IRS Publication 575, Pension and Annuity Income, and IRS Publication 590, Individual Retirement Arrangements. These publications are available from your local IRS office, on the IRS's Web site at irs.gov or by calling 1.800.TAX.FORM.